

ABM

Ymddiriedolaeth Prifysgol GIG
Abertawe Bro Morgannwg
University NHS Trust

**MENTAL HEALTH
DIRECTORATE**

**DIRECTORY OF
SERVICES**

**(STATUTORY &
VOLUNTARY
SECTOR??)**

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Introduction

This Directory provides information on the Mental Health Services provided by the Abertawe Bro Morgannwg University (ABMU) NHS Trust. It has primarily been prepared for staff, however this could also be used by a wider audience including partner organisations and local GPs.

The main aim of the Directory is to provide a summary of the services that are available within the new wider Trust area (including contact details, location, operating hours, the referral process and eligibility criteria) in a straightforward single document.

Mental Health Services within ABMU NHS Trust

ABMU NHS Trust provides specialist Mental Health Services for the population of Bridgend, Neath Port Talbot, Swansea and the Western Vale of Glamorgan. The Mental Health Directorate consists of 4 Service Groups, these are:-

- Services for **Adults** of Working Age
- **Older People** Mental Health Services
- **Substance Misuse** Services (excl. Western Vale)

➤ **Forensic Mental Health Services (Regional Service)**

Services are provided by approximately 1,500 staff and a total budget of approximately £xxxxm.

Children and Adolescent Mental Health Services are provided on a clinical network basis by Cwm Taf NHS Trust (previously Pontypridd & Rhondda NHS Trust).

Services for Adults of Working Age

Mental Health Services for Adults of Working Age are carried out predominantly within community settings by Community Mental Health Teams (CMHT's). The teams are multi disciplinary and multi agency with integrated line managers and are aimed at providing effective assessment, care planning and treatment to individuals with mental health problems in the community.

Services are provided in line with the principles of the Care Programme Approach (CPA) and are delivered in collaboration with a wide range of other providers from the statutory and voluntary sector.

Inpatient services are available in each locality, in addition a range of additional specialist services are also provided, these include:

- Crisis Resolution and Home Treatment Services
- Assertive Outreach Services
- DGH Liaison and Bereavement Counselling Services
- Prison In-reach Mental Health Services and Court Diversion
- Criminal Justice Services
- Peri-natal Mental Health Services
- Specialist psychology and psychological therapy services
- Day Hospital Services
- Day Opportunities
- Supported Accommodation
- Rehabilitation and Respite Services
- Primary Care Liaison Services and Gateway Workers
- Eating Disorder Services and Personality Disorder Services are being developed

Older People Mental Health Services

Older People Mental Health Services are based around multi disciplinary and multi agency Community Mental Health Teams (CMHTs). CMHTs are supported by access to inpatient services which are available in each locality.

The focus of the service is on maintaining independence by supporting people at home as much as possible, reducing the need for hospital admissions or care placements, and on maintaining a quality of life for individuals who use the service and their carers. The following range of additional specialist services are provided for older people:

- DGH Liaison – with a Liaison Old Age Consultant Psychiatrist available in Swansea and a “Shared Care” Ward established in Bridgend
- Various levels of service for those suffering early onset dementia clinic
- Psychological Therapy Services
- Memory clinics operating similarly across all localities
- Nursing Home Liaison Services
- Residential Home Advisers / In-reach
- Respite Services
- Primary Care Education Facilitator
- Day Hospital Services
- Support & Stay / Stay at Home Services

Substance Misuse Services (excl. Western Vale)

Services for people with Substance Misuse issues are provided from the Community Drug and Alcohol Teams (CDATs), based in Trem Y Mor (which provides a range of substance misuse services for Bridgend and NPT) and Cwm Bwrla (Swansea).

These services are supported by a dedicated 5 bed unit at Cefn Coed Hospital, 2 dedicated substance misuse beds at Ward F, NPTH and a range of other services, these include:-

- Needle Exchange Services
- Home Detoxification Programme
- Supervised Consumption of Methadone
- Drug Intervention Programme (DIP) that offers community support for people who are in contact with the criminal justice system who have left treatment
- Assessment Service

- DGH Substance Misuse Liaison
- Low Threshold Prescribing Service
- Young Person's Substance Misuse Service

Forensic Mental Health Services (Regional Service)

The Caswell Clinic Medium Secure Unit based at Glanrhyd Hospital provides 61 mixed gender inpatient beds on 5 wards. This new purpose built clinic provides specialist healthcare services for people from South Wales with mental health problems who are offenders or have a potential to offend.

The service is supported by:-

- 5 multi-disciplinary Clinical Teams
- Multi-agency Community Services
- Outpatient clinics are held at HMP Parc, Cardiff and Swansea
- Academic department

Future Plans

Modernisation projects are already underway in both Bridgend and Swansea to ensure first class Mental Health Services are provided. Funding of approximately £100m has been secured from the Welsh Assembly Government to ensure purpose-built new build accommodation and to facilitate various service developments, including to modernise working practices.

In addition, following the merger of the Swansea and Bro Morgannwg NHS Trust and the formation of the larger Directorate, a review of the Directorate structure and the services provided by the Directorate is currently being undertaken.

Statutory Mental Health Services

Services that are provided by the ABM University NHS Trust and various Local Authorities.

ADULT

Community Mental Health Teams
Crisis Resolution Home Treatment Service
Assertive Outreach Service
Liaison Psychiatry
Acute Inpatient
Psychiatric Intensive Care Unit/Challenging Behaviour Unit
Rehabilitation
Low Secure
Psychological Therapy Service
Day Hospitals
Personality Disorder Services
Eating Disorder Services
Peri-natal Mental Health Service
Criminal Justice Service
Primary Care Gateway workers
Primary Care Based Counsellors

OLDER PEOPLE

Community Mental Health Teams
Crisis Resolution Home Treatment Service
Organic Assessment
Functional Assessment
Continuing Care Beds
Psychological Therapy Service
Day Hospitals (Functional)
Day Hospitals (Organic)
Liaison Psychiatry
Shared Care Ward
Residential/Nursing Home In-reach Service
Home Treatment Service (Functional & Organic)
Memory Clinics
Primary Care Education
In-reach to Residential/Nursing Homes/Residential Home Advisory Team
Dementia Care Pathway Co-ordinator
Anti-Dementia Medication Service
Satellite Clubs

SUBSTANCE MISUSE

CDAT Detox Inpatient Unit
Community Drug and Alcohol Teams

FORENSIC

Caswell Clinic – south Wales forensic Psychiatry Clinic
Forensic Community Team

PROVIDED BY SOCIAL SERVICES

Social Work Emergency Duty Team
ARC Day Opportunities
Voluntary Sector Mental Health Services