



24-28 August 2009



Monday

Cauliflower Soup
£0.65   

Tandoori Chicken Breast with Pilau Rice
£3.05  

Breaded Pork Escalope with Olives & Tomatoes
£2.45 

Ricotta Tortellini with Tomato Sauce
£2.00  

Fish of the Day
£3.80  


Thursday

Spiced Red Lentil Soup
£0.65   

Grilled Breast of Chicken with warm Tomato & Mustard Seed salad
£2.70  

Steak & Kidney Pudding with Onion Gravy
£3.80 

Mediterranean Vegetables in Tomato & Basil with a Cous Cous Topping
£1.50 

Fish of the Day
£3.80  



Tuesday

Spinach Soup
£0.65   

Gammon Steak with Pineapple Relish
£2.25  

Creamed Penne Pasta with Sweetcorn & Edamame Bean
£1.50  

Slow Roast Shoulder of Lamb with Minted Aubergine
£3.45  

Fish of the Day
£3.80  

Friday

Cream of Watercress Soup
£0.65   

Beef Lasagne topped with Cheddar Cheese
£2.00 

Roast Turkey with Orange & Cranberry Sauce
£2.25  

Thai flavoured Cauliflower, Spinach & Potato Curry
£2.25  

Fish of the Day
£3.80 



Wednesday

Celery Soup
£0.65   

Beef Madras with Steamed Rice & Naan Bread
£3.45 

Cumberland Sausage Ring with Fried Onion Rings on Chive flavoured Mash
£3.05 

Quorn & Leek Pie
£1.50  

Fish of the Day
£3.80  

-  High Fat
-  Low Fat
-  Medium Fat
-  Vegetarian
-  Suitable for Coeliacs
-  Suitable for Vegans

Some of our menu items contain allergens. There is a small risk that traces of these may be found in other products served here.

We understand the dangers to those with severe allergies so please ask to speak to a member of staff who will endeavour to help you make your choice.